

The Progress Group
1265 N. Grove St. #B
Anaheim, CA 92806
714 630-9017 Phone
714 630-9018 Fax

INSTALLATION INSTRUCTIONS

18.1001

Spherical Bearing Pivot Kit
88-91 Civic/CRX Front Radius Rods
5/17/07 REV A

NOTE: *Progress Technology* products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components.

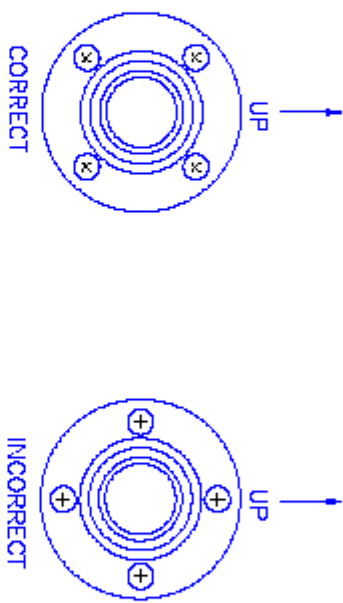
Parts List

<u>Item</u>	<u>Quantity</u>
Bearing housing	2
Spherical bearing	2
Long Spacer	2
Short Spacer	2
¼-28 SHCS bolts	8
¼-28 Toplock nut	8
Support Plate	4

CAUTION: THESE PARTS ARE INTENDED FOR COMPETITION USE ONLY. USE OF THESE PARTS MAY RESULT IN INCREASED ROAD NOISE TRANSMISSION AND SUSPENSION HARSHNESS. STREET USE MAY RESULT IN PREMATURE WEAR. ALL OUR BEARING KITS NOW INCLUDE AURORA BEARINGS.

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block rear wheels and set parking brake. Jack up front end of car and support with jackstands. Remove front wheels and tires.
2. Remove the nuts that hold the front of each radius rod (the rods that attach the lower control arms to the front crossmember under the radiator) to the crossmember. Remove the two bolts that hold each radius rod to the lower control arms. Remove the radius rods and factory washers, sleeves, and bushings from the front crossmember. Retain the factory nuts and bolts.
3. Using the bearing housing as a template, insert the housing into the front of the crossmember, centering the housing in the crossmember. Align the bolt holes so they are parallel to the ground as shown in the diagram. Mark the bolt holes using a centerpunch, and drill the holes using a 9/32" drill bit. Perform this process on passenger and driver sides.
4. Assemble the Progress pivot bearing assemblies as shown in the diagram, making sure the beveled edge of the bearing housing is facing into the front of the crossmember. Torque the bolts to 70-85 in.-lbs. (6 – 7 ft.-lbs). Install the reducers, and reinstall the radius rods into the vehicle. Torque all factory fasteners to OEM specifications. Inspect periodically for wear. **These are serviceable components. Use P.N. COM10-AB when ordering replacement bearings.**

Thank you for choosing Progress products. For additional product and technical information, visit our website at www.progressauto.com



INSTALL WITH BOLTS
PARALLEL TO GROUND

