

The Progress Group, Inc.
1265 N. Grove St.
Anaheim, CA 92806
714 630-9017 Phone
714 630-9018 Fax

INSTALLATION INSTRUCTIONS

Progress Technology Sub-Frame Brace
2001-02 Civic EX, Acura RSX
P/N 16.0102

NOTE: Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

<u>Item</u>	<u>Quantity</u>
Rear brace	1
Spacer	2
M12 x 1.25 x 90 HHCS	2
M12 Flat washer	2
M8 x 1.25 x 25 HHCS	4
5/16 Flat washer SAE	4
5/16 Flat washer USS	4
Instruction sheet	1

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of car and support with jackstands. Remove rear wheels and tires. Remove stock sway bar and brackets. Leave the end links attached to the lower control arms.
2. Remove lower control arm bolts. Mount rear brace using M12 bolt, washer and spacer provided. Place spacer on the back side of brace. Using hardware provided re-attach sway bar. Tighten to factory specifications. (See figure one.)



Figure 1 Driver side as viewed from underneath

3. Install wheels and tires. Lower rear of car onto ground, and roll car back and forth to settle suspension.
4. Installation is complete. Check assembly periodically for tightness.
5. Thank you for choosing Progress products. For additional product and technical information, visit our website at www.progressauto.com