



INSTALLATION INSTRUCTIONS

Rear Sway Bar

2001-2020 Suburban|Tahoe|Yukon 2WD/4WD

2002-2020 Avalanche|Escalade 2WD/4WD

Part # 22.0460.000

No Rev (6/22/2022)



WHO SHOULD INSTALL THIS PRODUCT?

Progress LT Suspension products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

Parts List

Description	Quantity	Description	Quantity
1.188 - 30mm Sway Bar	1	HD Bushing Bracket	2
1.188 Bushing	2	M10-1.50 x 25, 12pt Bolt	4
Lube	2		

Optional End Link set

Stock ride height	Part # 22.1212.090
2.0" Lift	Part # 22.1212.110

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of the vehicle and support frame with jack stands.
2. Locate and remove the nuts that attach the ends of the OEM sway bar to the end links. Remove the bolts that attach the bar mounting brackets to the rear axle housing, and remove the OEM sway bar from the vehicle.
3. Liberally grease the inner bore of the new polyurethane bushings with lubricant provided. Use one pack of lube per bushing, and only inside of the bushing as shown below.



Figure A

NOTE: When installing the Progress LT sway bar, route the e-brake cables (driver's side only) under the sway bar as shown below (Figure B). This is the same cable routing as the OE sway bar.

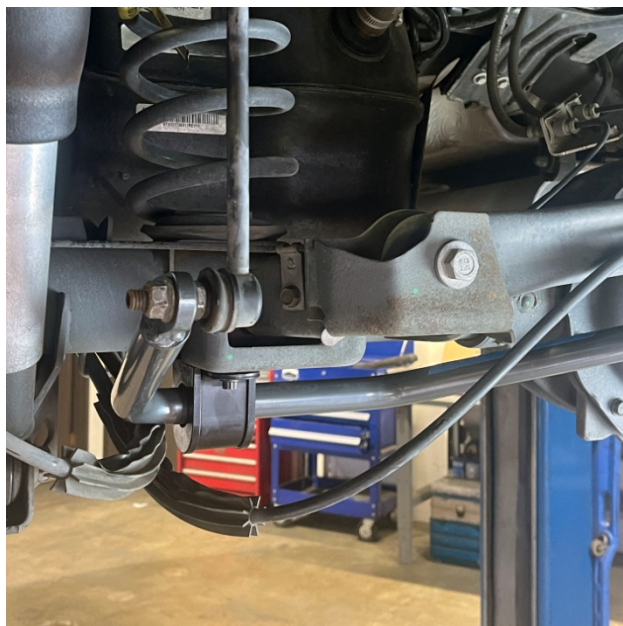


Figure B

4. Place the bushings over the new Progress LT sway bar in the same locations as the OEM configuration. Install the rear sway bar using the new bushing brackets and the M10-1.5 x 25 12pt. bolts included in the kit (Figure C & D). Torque mounting bolts to 30-34 ft/lbs



Figure C



Figure D

IMPORTANT NOTE ABOUT ADJUSTABLE SETTINGS:

We strongly suggest that your technician initially sets the end links in the softest setting. The softest setting will be the setting with the end links closest to the end or tip of the sway bar, furthest from the mounting bushings.

After installing the sway bar, we suggest that you drive the car carefully and within your abilities, noticing the changes in the handling characteristics. If driving in poor weather, exercise additional care during cornering and braking until you are familiar with the handling.

If you chose to use the firmer settings, again remember to drive the vehicle carefully, and take note of the changes you have made to the suspension. You will notice a handling difference with each sway bar settings. (Figure E)

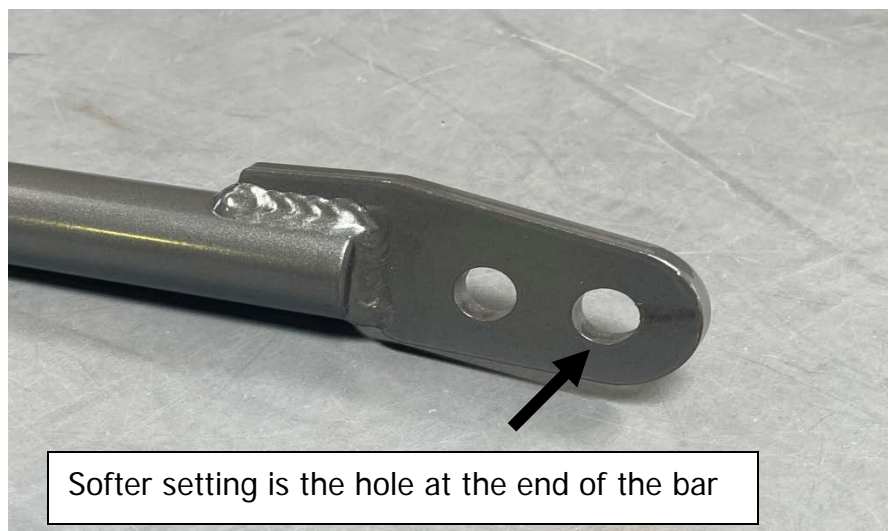


Figure E

5. Attach end links to the new bar (Figure F & G). Torque end links to 38-40 ft/lbs.



Figure F

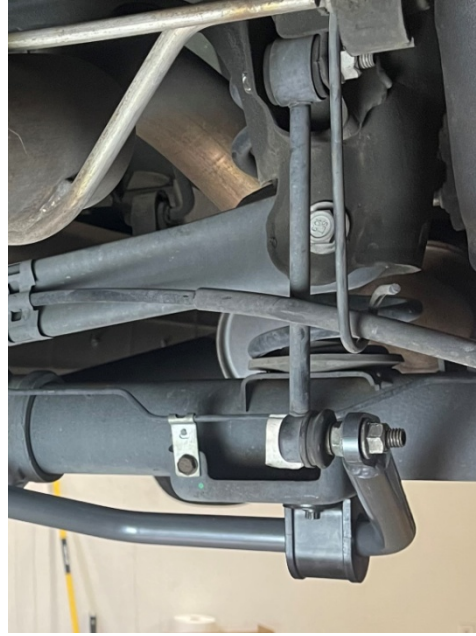


Figure G

6. Lower rear of truck onto ground, and roll back and forth to settle suspension.
7. Installation is complete. Check assembly periodically for grease and tightness.



Torque Check

Hardware	Torque
Bushing Bracket Hardware	30-34 ft/lbs
End links	38-40 ft/lbs

Thank you for choosing Progress LT sway bars.
For additional product and technical information, visit our website.