

PROGRESS

LT sway bars

INSTALLATION INSTRUCTIONS

Rear Sway Bar with End Links
1999 – 2006 Chevrolet 1500 2WD/4WD
Part # 22.0470.090
No Revision (5/5/2022)



WHO SHOULD INSTALL THIS PRODUCT?

Progress LT Suspension products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

Parts List

Description	Quantity	Description	Quantity
25mm Sway Bar	1	End link Saddle w/ tabs	2
End link Assembly	2	7/16-20 x 3.5 U-bolt	4
Bushing	2	7/16-20 Nylock Nut	8
U-Bracket	2	7/16 Flat Washers	16
Lube	1	M12-1.5x70 HHCS	4
Axle Saddle	2	M12-1.5 Nylock Nut	4

1. Park the vehicle on a smooth, level, asphalt or concrete surface. Block the front wheels. Jack up rear end of the truck and support the frame with jack stands.
2. Loosely assemble the upper end link saddles with the tabs, on the cross member in front of the spare tire as shown. **Make sure to move any electrical wires that may interfere with the mounting location on the cross member (both sides of the spare).** Attach the end link as shown with the head of the bolts towards the center of the truck. Do not tighten at this time. (Figure A)

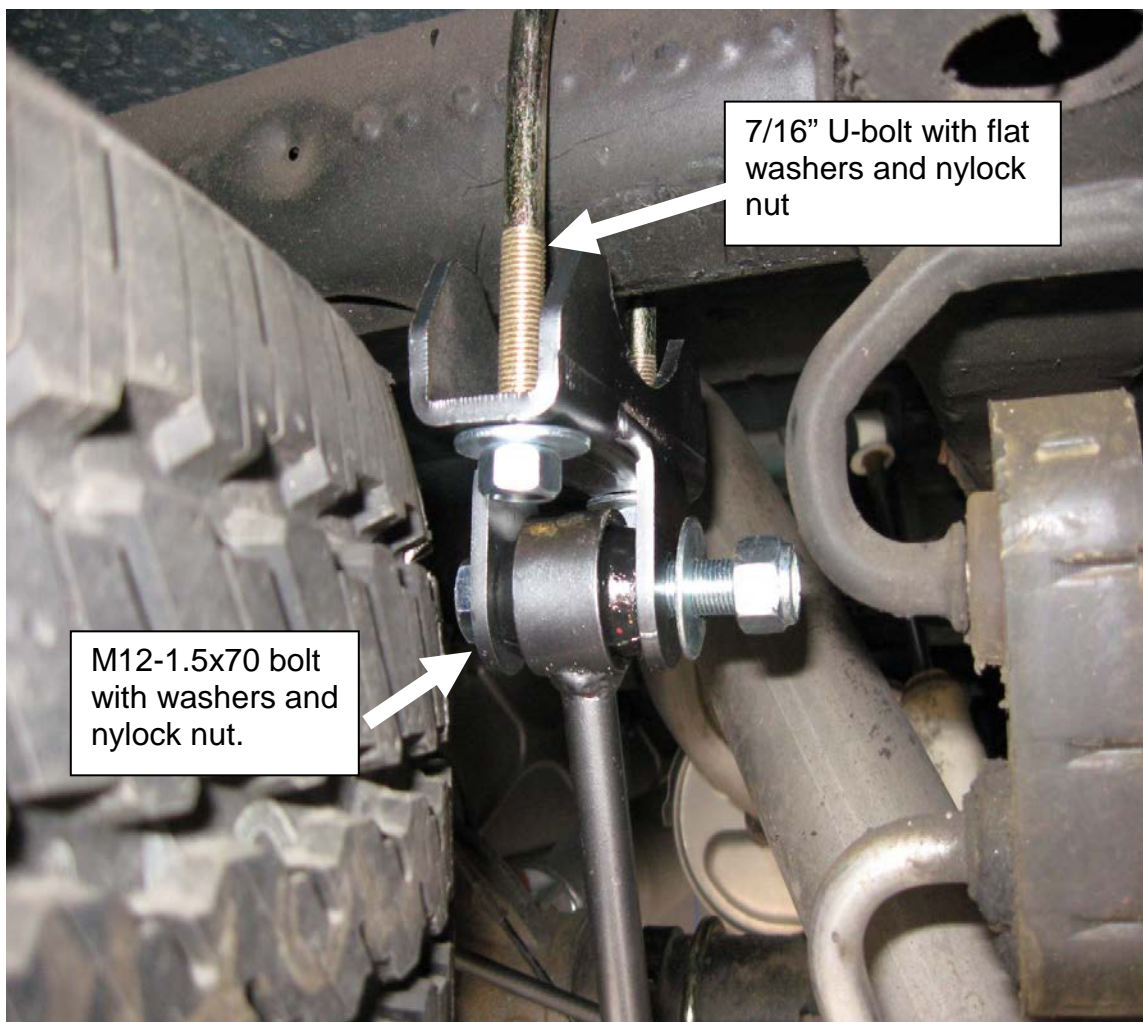


Figure A

Install Tip: Attach the sway bar to the end links now. This will allow you to rotate the bar into position for the next steps. Figure B



Figure B

3. Liberally grease the inner bore of the new polyurethane bushings with the lubricant provided (Figure C).



Figure C

4. Place the bushings over the new sway bar in position as shown in Fig D. Place the brackets over the bushings. Align the U-bolts over the axle through the saddle and bushing brackets. **Make sure all wires and brake lines are clear of the U-bolts and saddles.** Remember to hand tighten the U-bolts evenly on both sides of the bushing bracket mounts. (Figure D)

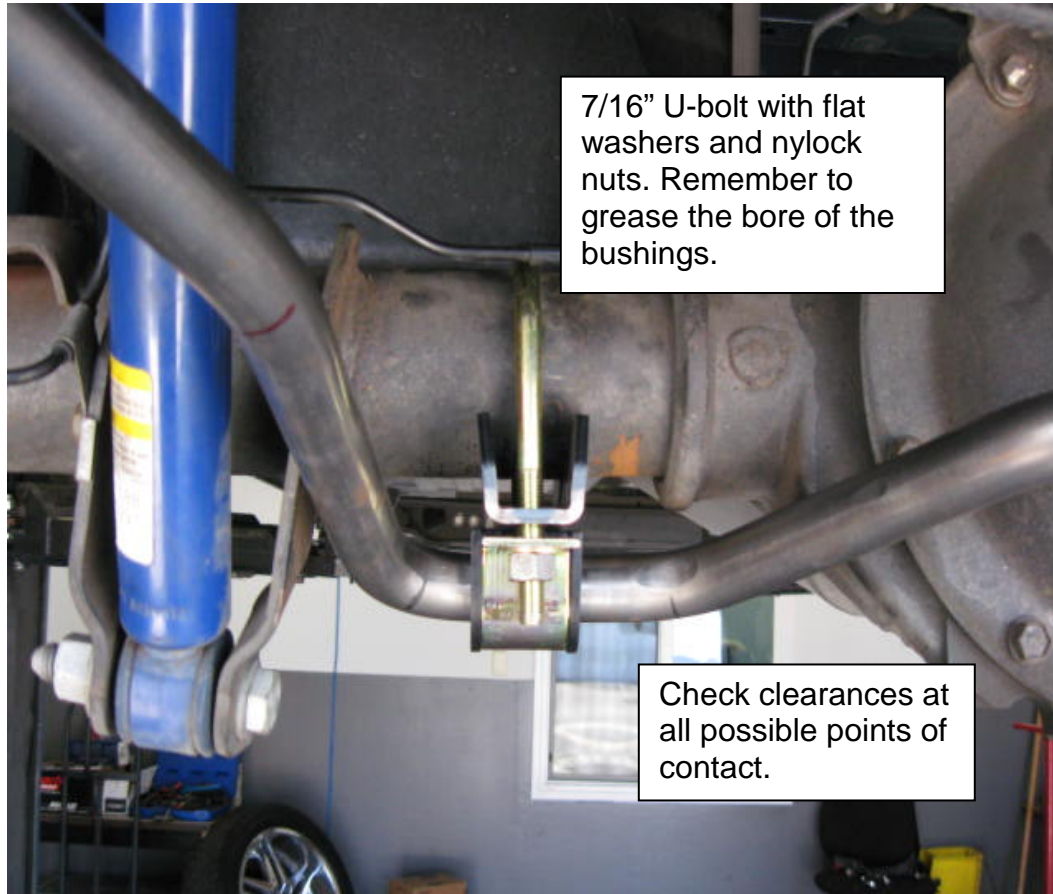


Figure D

5. Center the sway bar as needed to clear the shock mounts and the rear end housing. Figure E,F

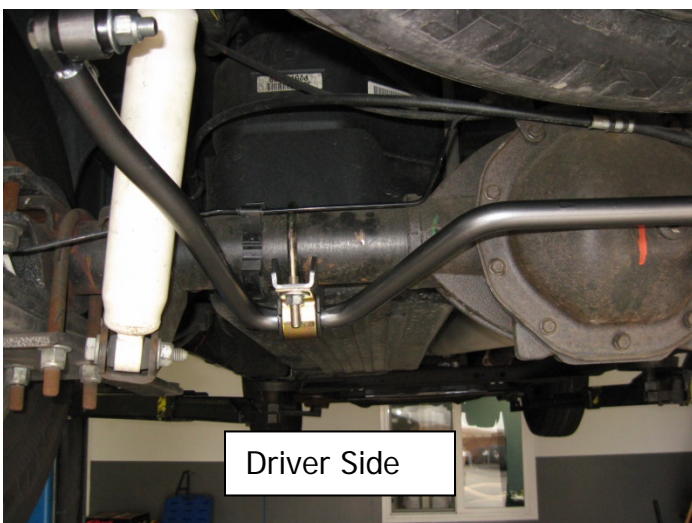


Figure E

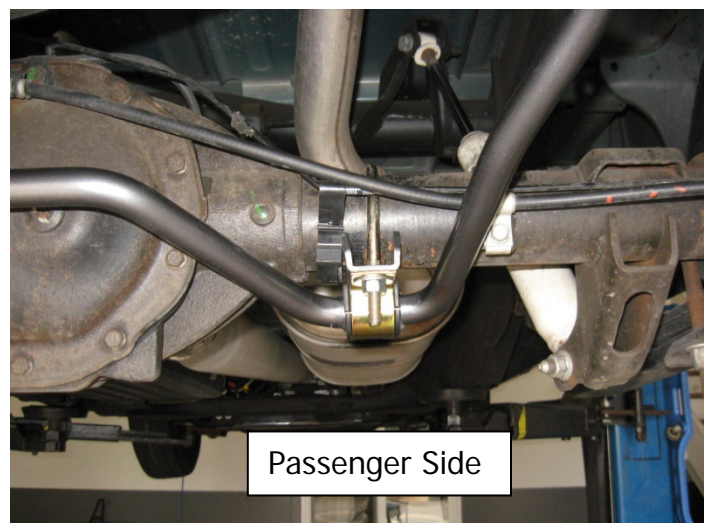


Figure F

6. Now that the sway bar is aligned and centered, torque the upper U-bolts on the end link brackets to 46-48 ft/lbs.
7. Torque the u-bolts on the axle tubes to 46-48 ft/lbs , **making sure the bar does not contact any part of the axle housing, exhaust or any suspension components when fully torqued.**
8. Torque end link bolts, top and bottom to 52-56 ft/lbs. Lower truck onto the ground and bounce truck up and down check all clearances once again. Readjust brackets if necessary.
9. Installation is now complete (Figure G), periodically check bar for tightness and grease the bushings as necessary.



Figure G

Torque Check

Hardware	Torque
U-Bolts (four locations)	46-48 ft/lbs
End links (four locations)	52-56 ft/lbs

**Thank you for choosing Progress LT sway bars.
For additional product and technical information, visit our website.**