INSTALLATION INSTRUCTIONS

Rear Sway Bar

No Rev (6/8/2026)

Only for vehicles equipped with OEM rear sway bar

22.1210.090 (RWD)	**22.1210.110 (4WD & AWD)**
Dodge Sprinter 2500 2WD (2007-2009)	Dodge Sprinter 2500 4WD (2007-2009)
Freightliner Sprinter 2500 2WD (2007-2026)	Freightliner Sprinter 2500 4WD (2007-2026)
Mercedes-Benz Sprinter 2500 2WD (2007-2026)	Mercedes-Benz Sprinter 2500 4WD (2007-2026)
Note: this kit includes 9.00" end links	Note: this kit includes 11.00" end links

WHO SHOULD INSTALL THIS PRODUCT?

Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

Parts List

Description	**Quantity**	**Description**	**Quantity**
28mm Sway Bar	1	Lower End link bolt M12-1.5 x 70	2
Lube	2	M12 Nylock nuts	4
Bushing 28mm	2	Flat washer	10
Bushing Bracket	2	Bushing Bracket flange bolts M10-1.5 x 30	4
End links (9in for 2WD) (11in for AWD / 4WD)	2	Backing Plate	2
Upper End link bolt M12-1.5 x 150	2		

1. Park the vehicle on a smooth, level, asphalt or concrete surface. Block the front wheels. Jack up the rear end of the vehicle and safely support axle with jack stands or safely use a vehicle lift.

2. Remove the bolts that attach the OEM sway bar and bushing brackets to the rear axle. (Figure A)

3. Locate and remove the bolts and nuts that attach the ends links to the side of the frame. Remove the bar assembly from the vehicle. Discard all OEM hardware (Figure A)

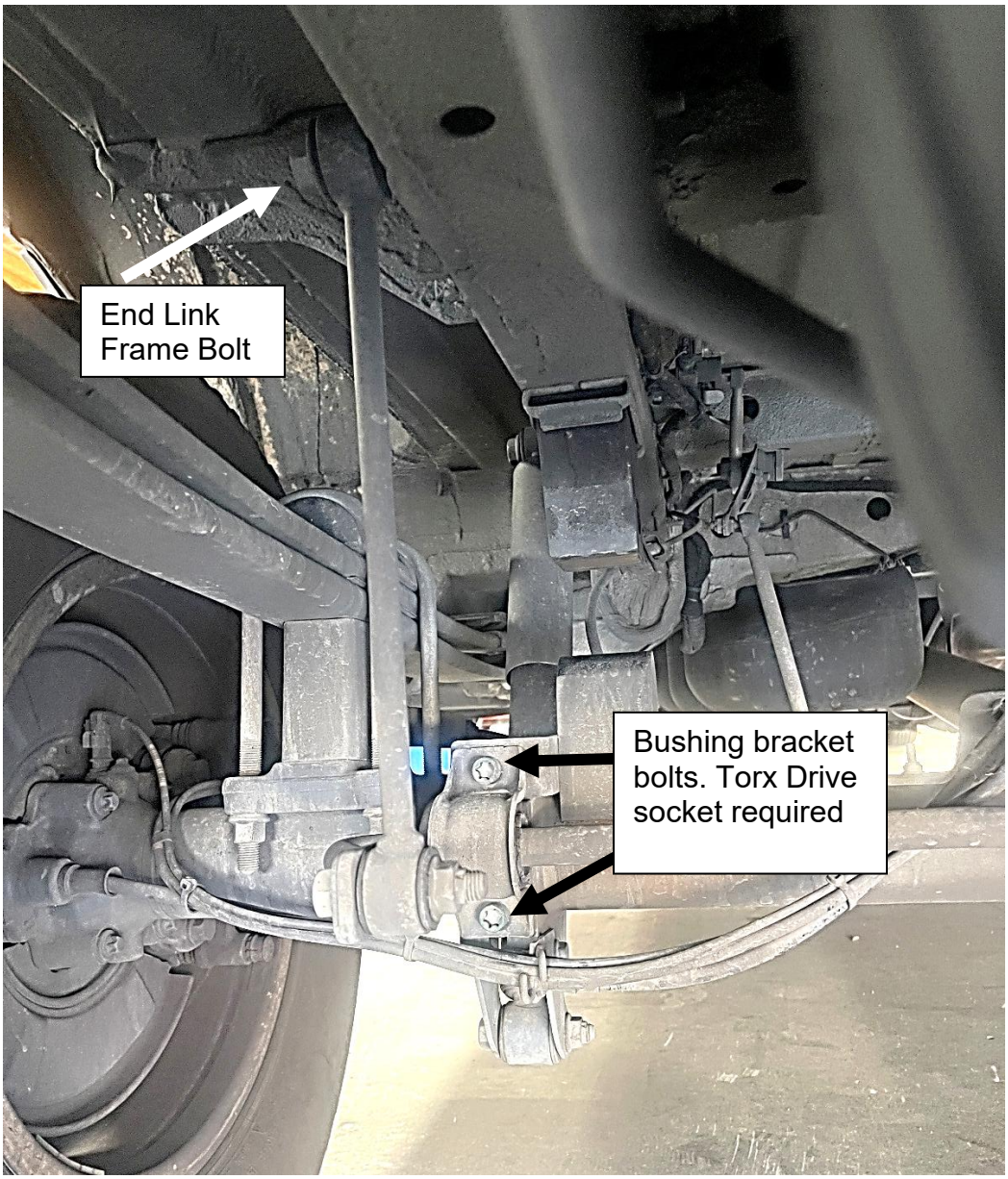

Figure A

4. Attach the end links to the frame using the M12 x 150 bolt and washers. Use (2) washers on the outer frame side and (1) washer and nylock nut on the inboard side, as shown. (Figure C)

Figure C

5. Liberally grease the inner bore of the new polyurethane bushings with lubricant provided. Only grease the inside of the bushing as shown below (Figure D). Place the bushings over the new sway bar in the same locations as the OEM configuration.

Figure D

6. Attach the sway bar to the axle using the brackets and the M10 bolts supplied. **NOTE: On some vehicles the bushing mounting surface is not flat. You will need to use the backing plate (included) against the mounting surface under the bushings.** Place the brackets over the bushings and use the M10 hardware to mount the rear sway bar to the rear axle. (Figure E)

Figure E

7. Attach the end links to the sway bar using the M12 x 70 bolts, washers and nylock nuts. Place the washers (1) on the outside of the sway bar and (1) on the inside of the end links.
(Figure F)

Figure F

8. Torque the end link bolts to 54-56 ft/lbs. Torque the bushing bracket hardware to 46-48 ft/lbs. (Figure G & H)

Figure G

Figure H

9. Installation is complete. Re-Torque after 500 miles. (Figure I)

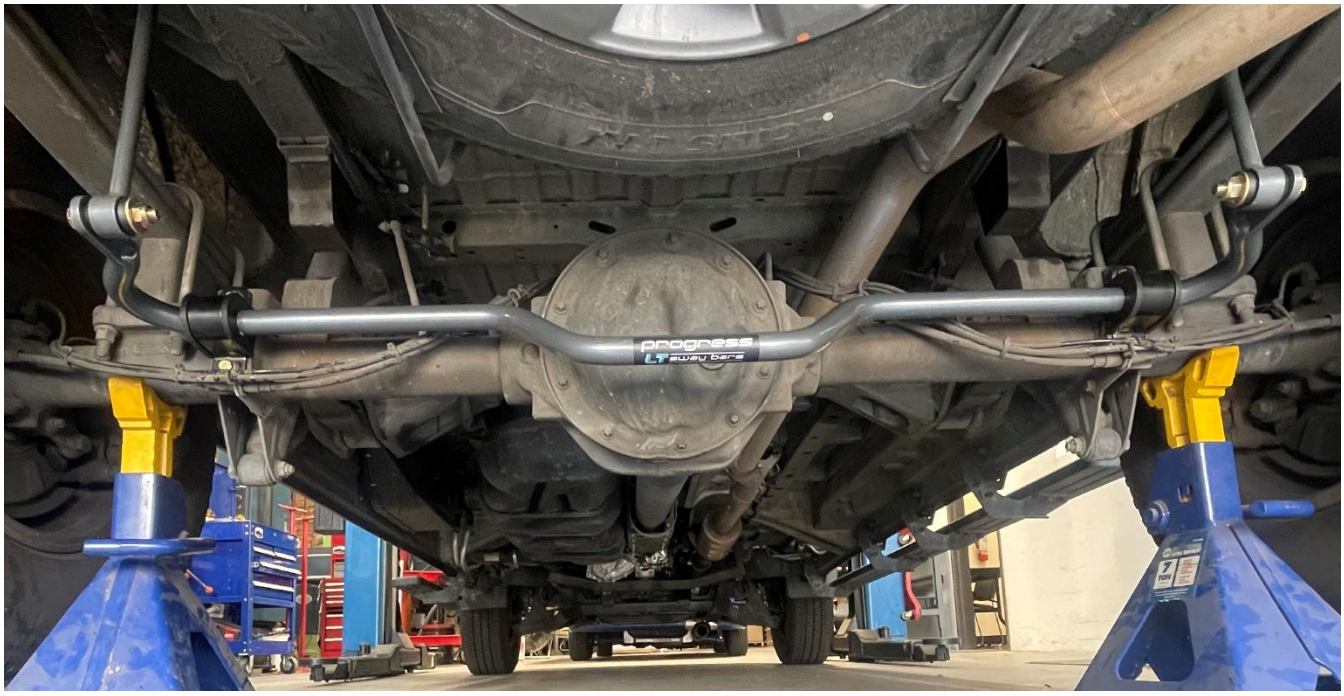

Figure I

IMPORTANT NOTE ABOUT ADJUSTABLE SETTINGS:

We strongly suggest that your technician initially sets the end links in the softest setting. The softest setting will be the setting with the end links closest to the end or tip of the sway bar, furthest from the mounting bushings.

After installing the sway bar, we suggest that you drive the car carefully and within your abilities, noticing the changes in the handling characteristics. If driving in poor weather, exercise additional care during cornering and braking until you are familiar with the handling.

If you choose to use the firmer settings, again remember to drive the vehicle carefully, and take note of the changes you have made to the suspension. You will notice a handling difference with each sway bar settings. (Figure H)

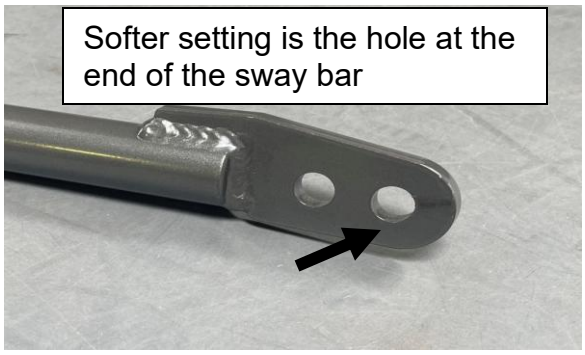

Figure H

Torque Check

Hardware	Torque
Bushing Bracket Hardware	46-48 ft/lbs
End link nuts	54-56 ft/lbs

Optional Kit Available

Our Quick Release sway bar kit allows the operator to quickly disconnect the end link from the rear sway bar permitting the suspension to move freely when more articulation is needed for off road use.

Part #27.0012

Thank you for choosing Progress LT sway bars.
For additional product and technical information, visit our website.