



INSTALLATION INSTRUCTIONS

Progress Technology Rear Anti-Sway Bar

Ford Focus

Part #62.0840

Revision B (04/27/00)

WHO SHOULD INSTALL THIS PRODUCT?

Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

Parts List

Description	Quantity	Description	Quantity
22mm Sway Bar	1	Cup Washer	8
U-Bracket	2	3/8-16 x 4.5 HHCS	2
Bushing	2	3/8-16 Nylock Nut	2
Lube	1	M10-1.5 x 25mm Flange Bolt	4
Grommet	10		

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of car and support with jackstands. Remove rear wheels and tires. If equipped with an original equipment rear anti-sway bar, remove the bar and brackets.
2. Locate the pivot "D shaped" polyurethane bushings and tube of special grease supplied in the hardware kit. Cut the end off of the grease tube and apply the grease to the bore of the polyurethane bushings (in the hole). Open the bushings and snap them over the new Anti-roll Bar, as positioned on the stock bar. Place the new brackets (supplied) over the pivot bushings. Using the stock (OEM) hardware, attach the bar and brackets to the stock mounting locations. Tighten the mounting bolts.
3. Using the hardware supplied, install the new end-link assemblies as shown on the diagram (SEE BACK of this sheet). The end links use five urethane grommets on each side. The center grommet is a "spacer". Do not tighten yet! NOTE: Assemble both sides loosely before tightening. This makes the assembly of the end links much easier. After loosely assembling both end links, tighten the end links. Tighten the end link until you cannot rotate the cup washer by hand, then one more full turn. DO NOT over-tighten the end links!
4. Install wheels and tires. Lower rear of car onto ground, and roll car back and forth to settle suspension.
5. Installation is complete. Check assembly periodically for tightness.

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FOCUS END LINK ASSEMBLY

