



INSTALLATION INSTRUCTIONS

Progress Technology Rear Anti-Sway Bar
2012 Toyota Camry
Part # 62.2190

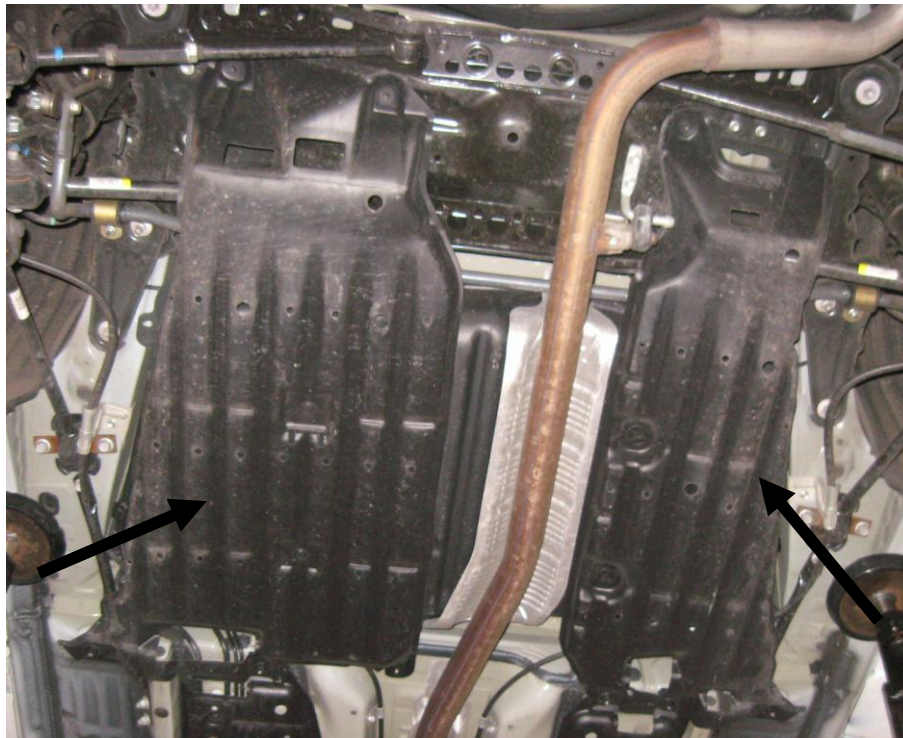
WHO SHOULD INSTALL THIS PRODUCT?

Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

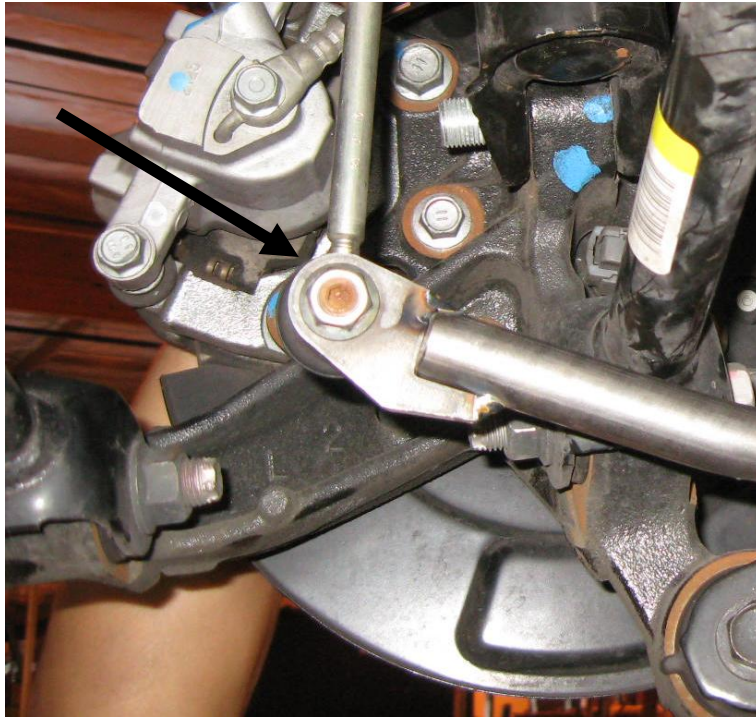
Parts List

Description	Quantity	Description	Quantity
Sway Bar, 19mm	1	Lube	1
Bushing Bracket	2	Backing Plate	2
Bushing	2		

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of car and support with jackstands.



2. Remove both plastic under trays from the vehicle to gain access to the rear bar. Keeping all clips and hardware for reinstallation.



3. Locate the end link attached to the rear sway bar. Use a 6mm allen wrench to hold the stud and box wrench to loosen the nut and separate the end link from the sway bar. Repeat on the opposite side.



4. Next, locate the bushing brackets that attach the bar to the chassis. Remove the nuts that hold the bushing brackets and bar to the vehicle. Remove the bar and brackets, keeping the hardware.



5. Locate the pivot "D shaped" polyurethane bushings and tube of special grease supplied in the hardware kit. Cut the end off of the grease tube and apply the grease to the bore of the polyurethane bushings (in the hole). Open the bushings and snap them over the new Progress Anti-sway Bar, as positioned on the stock bar.



6. Place the backing plates under the new bushing and bracket as shown. Using the stock (OEM) hardware, attach the bar and brackets to the stock mounting locations. Torque the mounting hardware to 28 ft/lbs.



7. Attach the bar to the end links and tighten both sides. Torque to 34 ft/lbs.
8. Re-install both plastic under trays onto the vehicle.
9. Lower rear of the car onto ground, and roll car back and forth to settle suspension.
10. Installation is complete. Check assembly periodically for tightness.

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